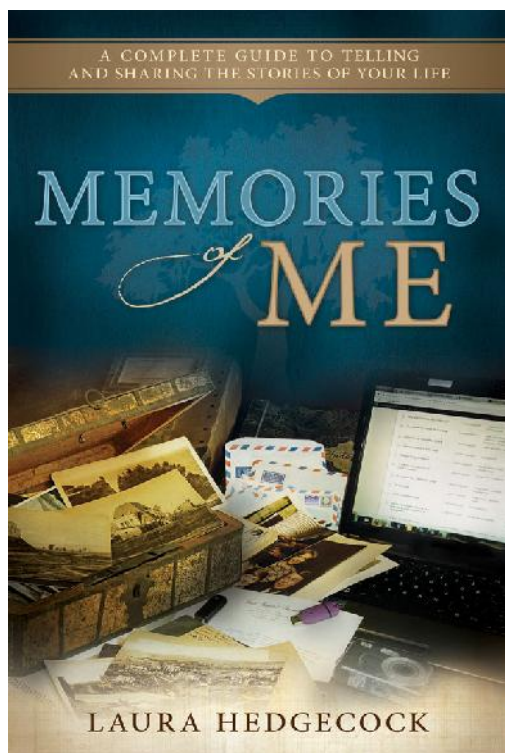


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Don't Wait Until It's Too Late to Share Memories and Family Stories

Detroit, Mich.--April 10, 2014--Cedar Fort Publishing & Media is pleased to announce the release date for "Memories of Me: A Complete Guide to Telling and Sharing the Stories of Your Life," written by Laura Hedgecock. This book will be released on May 13, 2014 at [Books and Things](#), [Cedar Fort](#), [Barnes and Noble](#), [Amazon](#) and many other great [bookstores](#).

About "Memories of Me":

We all have stories we want to share with our children and grandchildren. Whether it's your proudest moment, your first car, or your favorite family vacation, you want to share the lessons you've learned in life. Make your memories last using the easy tips and tricks in "Memories of Me." This book details the steps to gathering your memories, explores options for recording your stories, and provides helpful tips of all types. Save your memories while they're still fresh.

Laura shares this story from her past:

"At the funeral home visitation, a woman introduced herself to me. She was

the vendor at a flea market my dad frequented. She'd drive 40 minutes to share an important memory with me. 'Your dad recently bought some old quarters from me,' she told me. 'He wanted to save them for his grandkids.' She went on to tell me that my dad wasn't a silent browser at the flea market. He knew each vendor by name. What's more, due to his excitement over being a granddad, the vendors all knew my sons' names.

"What a gift! Without her sharing this memory, I wouldn't have fully grasped the extent to which my dad was a grandpa even when he was living eleven hours away from his grandsons."

About Laura Hedgecock:

Laura Hedgecock was born in South Carolina but came to live in Michigan by way of Chicago and Germany. Leaving her career in international business to be a stay-at-home mom and her association with nonprofit organizations led her to helping others tell their stories. "Memories of Me: A Complete Guide to Telling and Sharing the Stories of Your Life" results from the intersection of Ms. Hedgecock's experience in genealogy, photography, and scrapbooking, as well her journey of compiling her own memories. She blogs about preserving and sharing memories at <http://www.TreasureChestofMemories.com>



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