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BRING YOUR FAMILY TREE TO LIFE BY SHARING STORIES

Memories and Anecdotes Connect Us to our Family Story

Farmington Hills, Michigan, May 12, 2014 – Don't let your roots stay hidden and tangled. Bring life to your family history by sharing your memories and family stories. Laura Hedgecock, author of *Memories of Me: A Complete Guide to Telling and Sharing the Stories of Your Life*, explains why this matters. "The ties that bind us are made up of shared history—our shared stories contain the laughter, tears, and love of the past. You can strengthen your connections to loved ones by sharing personal and family stories."

Sharing memories and telling stories now enjoy prime time billing, with shows like *Who Do You Think You Are?* and *Faces of America*. In fact, sharing and storytelling are integral parts of family history research, scrapbooking, and photo archiving. "Narratives can help family members—including future ones—connect to relatives and ancestors," says Hedgecock. "These stories matter because they convey traditions, personalities, and relationships."

Hedgecock should know. Her grandmother passed down a collection of memories and family stories. That legacy has grounded and connected her grandchildren to their history for over thirty years. "My great-great-grandmother isn't just a name on a chart," states Hedgecock. "She was the 'Grandma Clark' my own grandmother adored. My grandmother described Grandma Clark as 'woman, girl, a friend, an adviser, and a lot of things rolled into a laughing woman of medium height...' Although I never met her, I feel a connection to her."

About Laura Hedgecock:

Hedgecock's website, TreasureChestofMemories.com, has extensive tips and resources for sharing memories and stories. Her book, [*Memories of Me: A Complete Guide to Telling and Sharing the Stories of Your Life*](#) helps you put the episodes of your past onto paper and share them with loved ones. Its simple text, in-depth brain storming exercises, writing samples, and writing advice spark recall and creativity.

For more information about connecting with loved ones through personal and family narratives, contact Laura Hedgecock at 248-615-0745.

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